Blogger joggen

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I blog, I jog and I'm on the very exclusive Blogger joggen list. Reality check. Das ist nur vier millimeter, Enno. I usually just run down the HasenhÃ¶he and the MÃ¼hlenberg, which is about one kilometer downhill. Now Google Earth tells me four kilometers would be from the bottom of the MÃ¼hlenberg to the kiosk just before Elbblick and back. It would probably be better to end at the kiosk, but it's closed anyway when I will be doing my practice laps around six in the morning. Still a couple of days left until the 13th to get into an even better shape. And join us if you can, SCHLAFFER HAUFEN!

by Roland van Ipenburg http://www.xs4all.nl/~ipenburg/blog/posts/play/2009/05/24/blogger–joggen/